before. Talking about effort: Right now, we are doing all the organization and booking on our own. That sometimes limits our possibilities, since we also need time for creating the music... Hence, we are looking for a booking agency, who can help us extend our reach, ideally even internationally! So, who wants to go first," he smiles. The band worked on 'Headstrong Heartstrong' for almost two years. It was recorded and produced at the Skyline Studios in Hildesheim, Germany with John Hoffmeister and Yannic Poweleit. A great location for creating pop punk music in Germany! Together with those two guys they reviewed tons of ideas that they had created over the years. Some songs almost ready for recording, others just semifinished lyrics or tunes, which got the lads stuck at some point. Eventually, they chose the best ideas and started preproducing and looking for the right sound. "That was actually fun - we experimented with a lot of stuff you wouldn't expect on a music production. An old cash-register, a motorcycle... For 'The Greatest Story (ever told) ' we set up the drumset in an abandoned warehouse! But in the end, all the effort was definitely worth it. The sound is terrific," he says with satisfaction. The band's great goal over two years was finishing 'Headstrong Heartstrong'. "That goal is reached. Now we can focus on live shows again, which we are really looking forward to. Our hope is, that 'Headstrong Heartstrong' opens some new doors for us. Maybe some gigs or even a tour abroad," concludes Dean, bringing an end to our conversation. 'Headstrong Heartstrong' is available both digitally and physically, and you can buy the CD via their websites or from concerts.

Check C for Caroline out at www.cforcaroline.de / www.instagram.com/cforcarolineband/
https://youtube.com/cforcarolinevideos
www.facebook.com/CforCarolineOfficial

FALLING INTO RED, are a female fronted alternative rock band from Pittsburgh, PA. They have a new self-titled nine track CD out now, which runs in at just over thirty minutes long and is the band's debut album.



Falling into Red are: Scott Gainar - vocals/ guitars/ bass/drums/writing, Amy Gainar - vocals/ percussion/ keyboards/ writing. The album also features guest spots from Ray Gainar bass, Dave Miklos - drums. It is 6pm on cold, gloomy February day in Pittsburgh, USA. It has been raining and snowing on/off throughout the day. "I'm looking forward to warmer weather and sunny days," says singer Amy Gainar as she tucks into homemade chicken fillets with broccoli and roasted red potatoes.

Amy has always loved music all of her life, and growing up she would sit in her room and just listen to album after album. "So many different types of music, too. From the Bee Gees, Kiss, and the Moody Blues of the seventies, to Duran Duran, Metallica, and Megadeth of the eighties, to Pearl Jam, Letters to Cleo, Rage Against the Machine, Alanis

Morrisette of the nineties. And that really continues today, with many more options to choose from. Scott and I listen to so much music together. All different genres. too. One day it might be turning on an indie radio station and experiencing all kinds of new music or sitting in the still of our living room with the lights down low. while King Diamond takes us through the story of Abigail," she tells me. Amy has also always played instruments, too. "Violin, keyboards, a little guitar here and there. I've always loved the expression of music. And I've always loved to sing, too, but only in the last few years did I step out to sing lead vocals," she expresses. When she met Scott. his passion for music really complemented her own, "We became set of creating music together. That's when Falling into Red was born. We've been involved in other projects together, but Falling into Red is ours. It's our collaboration of musical and lyrical ideas." Amy and Scott are both really proud of this album.



"It really started as an idea for one song—that eventually became 'Haunt Me.' We had such a fantastic time writing it, defining our process, and then creating the final track. And once we had gotten the song to where we felt comfortable sharing it with family and friends, we decided to take it a step further and put it on the Internet. The interest that was generated was so incredible and humbling," she says with